



Montclair State Men's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

55 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
774	Thomas, Ricardo	SO-2	6.74	Albany Great Dane Classic	Jan 22, 2010

60 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1692	Thomas, Ricardo	SO-2	7.30	Thomson Invitational	Jan 30, 2010

200 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1436	Thomas, Ricardo	SO-2	23.04	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
2072	Hargrove, Terea	FR-1	23.49	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
2235	Lynch, Timothy	FR-1	23.61	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010

400 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
2433	Duwhite, Jr., Timothy	SO-2	53.41	CTC Indoor Champs '10	Feb 12, 2010
2632	Jean-Phillipe, Adenford	SR-4	53.88	ESU Deschrive Invite	Feb 7, 2010
2707	Brown, Will	JR-3	54.06	ESU Deschrive Invite	Feb 7, 2010
2936	Gershey, Eric	SO-2	54.69	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
3512	Lynch, Timothy	FR-1	57.29	Thomson Invitational	Jan 30, 2010

500 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
385	Lavarone, Terry	SR-4	1:07.47	CTC Indoor Champs '10	Feb 12, 2010

800 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
931	Iavarone, Terry	SR-4	1:57.18	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
2314	Duwhite, Jr., Timothy	SO-2	2:03.90	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010

1000 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
2024	Brown, Will	JR-3	3:04.57	CTC Indoor Champs '10	Feb 12, 2010
2263	Esperance, Jarman	FR-1	3:29.06	CTC Indoor Champs '10	Feb 12, 2010

Mile

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
4628	Duwhite, Jr., Timothy	SO-2	5:42.10	ESU Deschrive Invite	Feb 7, 2010
4664	Lynch, Timothy	FR-1	6:45.65	ESU Deschrive Invite	Feb 7, 2010

55 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
36	Brown, Will	JR-3	7.52	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
102	Jean-Phillipe, Adenford	SR-4	7.70	CTC Indoor Champs '10	Feb 12, 2010
196	Esperance, Jarman	FR-1	7.86	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
576	Lynch, Timothy	FR-1	8.29	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010

60 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
133	Brown, Will	JR-3	8.11	2010 New Balance Collegiate Invitational	Feb 5, 2010
231	Jean-Phillipe, Adenford	SR-4	8.24	Columbia Last Chance Meet	Mar 5, 2010
491	Esperance, Jarman	FR-1	8.49	NYU Fastrack Invite	Feb 26, 2010
933	Lynch, Timothy	FR-1	8.90	Columbia Last Chance Meet	Mar 5, 2010

4 x 400 Relay

RANK	TIME	MEET	MEET DATE

High Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
749	Adenugba, Niyi	JR-3	1.89m	6' 2.25"	NYU Fastrack Invite	Feb 26, 2010
1593	Brown, Will	JR-3	1.60m	5' 3"	CTC Indoor Champs '10	Feb 12, 2010
1593	Esperance, Jarman	FR-1	1.60m	5' 3"	CTC Indoor Champs '10	Feb 12, 2010

Long Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1097	Adenugba, Niyi	JR-3	6.46m	21' 2.5"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
1265	Hargrove, Terea	FR-1	6.36m	20' 10.5"	Columbia Last Chance Meet	Mar 5, 2010
2072	Esperance, Jarman	FR-1	5.88m	19' 3.5"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
2364	Brown, Will	JR-3	5.61m	18' 5"	CTC Indoor Champs '10	Feb 12, 2010

Triple Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
529	Adenugba, Niyi	JR-3	13.65m	44' 9.5"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
629	Hargrove, Terea	FR-1	13.34m	43' 9.25"	Columbia Last Chance Meet	Mar 5, 2010

Shot Put

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
84	Asimou, Eugene	SR-4	17.18m	56' 4.5"	ESU Deschrivier Invite	Feb 7, 2010
439	Morrison-Bird, Mario	JR-3	14.91m	48' 11"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
576	Tancer, John	SR-4	14.44m	47' 4.5"	Columbia Last Chance Meet	Mar 5, 2010
1177	Luginsland, James	JR-3	12.65m	41' 6"	Thomson Invitational	Jan 30, 2010
1202	Johnson, Michael	JR-3	12.57m	41' 3"	CTC Indoor Champs '10	Feb 12, 2010
2518	Esperance, Jarman	FR-1	8.58m	28' 1.75"	CTC Indoor Champs '10	Feb 12, 2010
2620	Brown, Will	JR-3	7.25m	23' 9.5"	CTC Indoor Champs '10	Feb 12, 2010

Weight Throw

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
409	Asimou, Eugene	SR-4	16.31m	53' 6.25"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
1152	Morrison-Bird, Mario	JR-3	12.64m	41' 5.75"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010
1359	Luginsland, James	JR-3	11.55m	37' 10.75"	ESU Deschrive Invite	Feb 7, 2010
1627	Johnson, Michael	JR-3	8.86m	29' 1"	NJAC INDOOR CHAMPIONSHIPS	Feb 22, 2010

Pentathlon

RANK	ATHLETE	YEAR	POINTS	MEET	MEET DATE
104	Brown, Will	JR-3	2808	CTC Indoor Champs '10	Feb 12, 2010
139	Esperance, Jarman	FR-1	2552	CTC Indoor Champs '10	Feb 12, 2010

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