



Montclair State Men's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

60 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
3131	Star, Kyle	SO-2	7.43	NYU Team Challenge	Jan 19, 2013
4410	Pavoni, Stephen	FR-1	7.68	Collegeville Indoor Classic	Jan 18, 2013
4485	Migliore, John Frank	JR-3	7.70	NYC Gotham Cup	Jan 11, 2013

200 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1835	Cham, James	FR-1	23.11	NJAC Indoor Track & Field Championships	Feb 22, 2013
2509	Poinsett, Ian	SO-2	23.49	NJAC Indoor Track & Field Championships	Feb 22, 2013
3285	Star, Kyle	SO-2	23.93	NJAC Indoor Track & Field Championships	Feb 22, 2013
4463	Pavoni, Stephen	FR-1	24.69	Molloy College Lions Invitational	Feb 15, 2013
4872	Hughes, Leonard	FR-1	25.08	Molloy College Lions Invitational	Feb 15, 2013
5868	Baker, Jeff	FR-1	28.41	NJAC Indoor Track & Field Championships	Feb 22, 2013

400 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1123	Poinsett, Ian	SO-2	50.51	NJAC Indoor Track & Field Championships	Feb 22, 2013
2124	Kral, Nicholas	SO-2	52.14	NJAC Indoor Track & Field Championships	Feb 22, 2013
2208	Cham, James	FR-1	52.28	NJAC Indoor Track & Field Championships	Feb 22, 2013
2549	Copeland, Rodney	SO-2	52.88	NYU Team Challenge	Jan 19, 2013
3183	Feigin, Jonathan	SO-2	54.10	NJAC Indoor Track & Field Championships	Feb 22, 2013
3387	Beauliere, Gerrick	SO-2	54.52	Collegeville Indoor Classic	Jan 18, 2013

800 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
2599	Kral, Nicholas	SO-2	2:03.88	Thomson Invitational @ UD	Jan 26, 2013
2966	Copeland, Rodney	SO-2	2:05.56	NJAC Indoor Track & Field Championships	Feb 22, 2013
3028	Irula, Rafael	JR-3	2:05.93	NYC Gotham Cup	Jan 11, 2013
3110	DiGennaro, Mark	JR-3	2:06.43	NYC Gotham Cup	Jan 11, 2013
3187	Steets, Micheal	FR-1	2:06.87	NJAC Indoor Track & Field Championships	Feb 22, 2013
4188	Lopez, Chris	SO-2	2:17.70	NJAC Indoor Track & Field Championships	Feb 22, 2013

Mile

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
4340	DiGennaro, Mark	JR-3	4:49.55	Molloy College Lions Invitational	Feb 15, 2013
4473	Irula, Rafael	JR-3	4:51.61	Molloy College Lions Invitational	Feb 15, 2013
4867	Fortoul, Alejandro	JR-3	4:58.52	NJAC Indoor Track & Field Championships	Feb 22, 2013

60 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1018	Adenugba, Niyi	SR-4	8.74	NJAC Indoor Track & Field Championships	Feb 22, 2013
1713	Hughes, Leonard	FR-1	9.31	Molloy College Lions Invitational	Feb 15, 2013

4 x 200 Relay

RANK	TIME	MEET	MEET DATE
130	1:33.82	2013 Armory Collegiate Invitational	Feb 1, 2013

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
481	3:27.46	NJAC Indoor Track & Field Championships	Feb 22, 2013

4 x 800 Relay

RANK	TIME	MEET	MEET DATE
256	8:26.57	2012 CTC Relays	Dec 2, 2012

Sprint Medley Relay

RANK	TIME	MEET	MEET DATE
28	3:51.57	2012 CTC Relays	Dec 2, 2012

Distance Medley Relay

RANK	TIME	MEET	MEET DATE
543	11:00.91	NJAC Indoor Track & Field Championships	Feb 22, 2013

High Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
526	Adenugba, Niyi	SR-4	1.96m	6' 5"	NYC Gotham Cup	Jan 11, 2013

Pole Vault

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1056	Flores, Andrew	JR-3	4.10m	13' 5.25"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1227	Morreale, Mike	FR-1	3.95m	12' 11.5"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1470	Cathey, Troy	SO-2	3.65m	11' 11.75"	NJAC Indoor Track & Field Championships	Feb 22, 2013

Triple Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
543	Adenugba, Niyi	SR-4	13.79m	45' 3"	Molloy College Lions Invitational	Feb 15, 2013

Shot Put

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1121	Digiacomio, Nicholas	JR-3	13.20m	43' 3.75"	Molloy College Lions Invitational	Feb 15, 2013
1188	Dethlefsen, Brian	JR-3	13.06m	42' 10.25"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1508	Walsh, Ruaidhri	JR-3	12.45m	40' 10.25"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1985	Parisi, Robert	FR-1	11.56m	37' 11.25"	Collegeville Indoor Classic	Jan 18, 2013

Weight Throw

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1638	Walsh, Ruaidhri	JR-3	11.61m	38' 1.25"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1664	Digiacomio, Nicholas	JR-3	11.50m	37' 8.75"	NJAC Indoor Track & Field Championships	Feb 22, 2013
1776	Dethlefsen, Brian	JR-3	10.90m	35' 9.25"	Molloy College Lions Invitational	Feb 15, 2013
1878	Parisi, Robert	FR-1	10.26m	33' 8"	NJAC Indoor Track & Field Championships	Feb 22, 2013

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