



Montclair State Women's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

100 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1268	Powell, Ashley		12.79	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010
2800	Douma, Sara		14.02	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010
3139	Murphy, Jennifer	SR-4	14.65	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010

200 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
2398	Powell, Ashley		26.96	Fairleigh Dickinson Classic	Apr 10, 2010
4030	Jawando, Farida	SR-4	28.93	Fairleigh Dickinson Classic	Apr 10, 2010
4089	Tallaj, Katherine	FR-1	29.04	2010 CTC Outdoor Championships	Apr 17, 2010
4436	Galipo, Nicole	FR-1	29.77	Monmouth Season Opener	Mar 26, 2010
4461	Murphy, Jennifer	SR-4	29.83	Fairleigh Dickinson Classic	Apr 10, 2010
4467	Sha, Evelyn	SO-2	29.85	Monmouth Season Opener	Mar 26, 2010
4543	McClish, Leah	SO-2	30.11	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010
4704	Florez, Laura	SO-2	30.65	Fairleigh Dickinson Classic	Apr 10, 2010

400 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1954	Jawando, Farida	SR-4	1:01.78	Fairleigh Dickinson Classic	Apr 10, 2010
2676	McClish, Leah	SO-2	1:04.37	Fairleigh Dickinson Classic	Apr 10, 2010
2881	Sha, Evelyn	SO-2	1:05.42	Monmouth Season Opener	Mar 26, 2010
3053	Douma, Sara		1:06.51	Ramapo College Invitational	Apr 3, 2010

800 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1164	Jawando, Farida	SR-4	2:19.21	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010
4309	Patterson, Ashadaya		2:39.73	Monmouth Season Opener	Mar 26, 2010
4777	Gawryluk, Kasia	FR-1	2:45.63	Ramapo College Invitational	Apr 3, 2010
4866	Douma, Sara		2:47.23	Monmouth Season Opener	Mar 26, 2010
4867	Presti, Nicole		2:47.24	Ramapo College Invitational	Apr 3, 2010
5016	Larson, Kristen	SO-2	2:50.30	Ramapo College Invitational	Apr 3, 2010

1500 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
4381	Presti, Nicole		5:28.54	Ramapo College Invitational	Apr 3, 2010
4582	Larson, Kristen	SO-2	5:32.97	2010 CTC Outdoor Championships	Apr 17, 2010
4592	Gawryluk, Kasia	FR-1	5:33.09	Fairleigh Dickinson Classic	Apr 10, 2010

100 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
571	Patterson, Ashadaya		14.89	2010 Lions Last Chance	May 20, 2010
1673	Tallaj, Katherine	FR-1	17.19	2010 CTC Outdoor Championships	Apr 17, 2010
1884	Galipo, Nicole	FR-1	17.80	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010

400 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
442	Patterson, Ashadaya		1:03.95	Penn Relays	Apr 20, 2010
1297	Galipo, Nicole	FR-1	1:11.18	NJAC OUTDOOR CHAMPIONSHIPS	May 8, 2010
1394	Sha, Evelyn	SO-2	1:12.11	Ramapo College Invitational	Apr 3, 2010

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
554	4:08.11	Penn Relays	Apr 20, 2010

Sprint Medley Relay

RANK	TIME	MEET	MEET DATE
150	4:50.25	Monmouth Season Opener	Mar 26, 2010

High Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1072	Sha, Evelyn	SO-2	1.52m	4' 11.75"	2010 CTC Outdoor Championships	Apr 17, 2010
1317	Galipo, Nicole	FR-1	1.48m	4' 10.25"	Ramapo College Invitational	Apr 3, 2010

Triple Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
970	Douma, Sara		10.40m	34' 1.5"	Fairleigh Dickinson Classic	Apr 10, 2010
1187	Tallaj, Katherine	FR-1	10.01m	32' 10.25"	2010 CTC Outdoor Championships	Apr 17, 2010
1195	Sha, Evelyn	SO-2	10.00m	32' 9.75"	Fairleigh Dickinson Classic	Apr 10, 2010

Discus

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
890	Philbin, Jaclyn	JR-3	36.18m	118' 8"	Fairleigh Dickinson Classic	Apr 10, 2010

Javelin

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
900	Philbin, Jaclyn	JR-3	32.80m	107' 7"	Ramapo College Invitational	Apr 3, 2010

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