



Montclair State Women's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

100 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
755	Jones, Imani	FR-1	12.35	Greyhound Invitational	Apr 20, 2012
912	Powell, Ashley	JR-3	12.45	Coach P Invitational	Apr 13, 2012
1569	Gearity, Heather	SO-2	12.88	Coach P Invitational	Apr 13, 2012
1861	Caise, Mahalia	FR-1	13.05	NJAC Outdoor Championships	May 5, 2012
1937	Kermah, Shannon	FR-1	13.10	NJAC Outdoor Championships	May 5, 2012
2113	Thomas, Beaira	FR-1	13.22	2012 TCNJ Lion's Invitational	Apr 27, 2012
2506	Altilio, Antonietta	SO-2	13.52	Ramapo College Roadrunner Invitational	Apr 6, 2012
2541	Douma, Sara	JR-3	13.55	Coach P Invitational	Apr 13, 2012

200 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1173	Powell, Ashley	JR-3	25.50	Ramapo College Roadrunner Invitational	Apr 6, 2012
1328	Jones, Imani	FR-1	25.67	Greyhound Invitational	Apr 20, 2012
1955	Gearity, Heather	SO-2	26.23	Coach P Invitational	Apr 13, 2012
2603	Caise, Mahalia	FR-1	26.83	Ramapo College Roadrunner Invitational	Apr 6, 2012
2660	Thomas, Beaira	FR-1	26.88	Greyhound Invitational	Apr 20, 2012
2899	Patterson, Ashadaya	JR-3	27.10	VCU Ram Invite	Mar 17, 2012
3120	Murphy, Sheneya	SO-2	27.30	NJAC Outdoor Championships	May 5, 2012
3373	Williams, Dominique	FR-1	27.54	Ramapo College Roadrunner Invitational	Apr 6, 2012
3649	Fego, Stephanie	FR-1	27.84	2012 TCNJ Lion's Invitational	Apr 27, 2012

400 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
735	Gearity, Heather	SO-2	57.22	Coach P Invitational	Apr 13, 2012
1455	Fego, Stephanie	FR-1	59.38	NJAC Outdoor Championships	May 5, 2012
2075	Murphy, Sheneya	SO-2	1:00.96	NJAC Outdoor Championships	May 5, 2012
2358	Thomas, Beaira	FR-1	1:01.79	Coach P Invitational	Apr 13, 2012
2549	Jones, Imani	FR-1	1:02.35	Coach P Invitational	Apr 13, 2012
2555	Williams, Dominique	FR-1	1:02.38	NJAC Outdoor Championships	May 5, 2012
3054	Torrence, Tishonda	FR-1	1:04.19	Coach P Invitational	Apr 13, 2012

800 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
1693	Gearity, Heather	SO-2	2:20.38	VCU Ram Invite	Mar 17, 2012
2897	Olo, Angelina	SO-2	2:26.36	NJAC Outdoor Championships	May 5, 2012
4609	Torrence, Tishonda	FR-1	2:36.41	2012 TCNJ Lion's Invitational	Apr 27, 2012
4718	Altilio, Antonietta	SO-2	2:37.26	NJAC Outdoor Championships	May 5, 2012
4735	Presti, Nicole	JR-3	2:37.41	Coach P Invitational	Apr 13, 2012

1500 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
4509	Olo, Angelina	SO-2	5:17.53	Coach P Invitational	Apr 13, 2012
4764	Presti, Nicole	JR-3	5:21.16	Greyhound Invitational	Apr 20, 2012

5000 Meters

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
3544	Presti, Nicole	JR-3	20:35.54	Ramapo College Roadrunner Invitational	Apr 6, 2012

100 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
444	Patterson, Ashadaya	JR-3	14.57	NCAA Division III Outdoor Track & Field Championships	May 24, 2012

400 Hurdles

RANK	ATHLETE	YEAR	TIME	MEET	MEET DATE
100	Gearity, Heather	SO-2	59.73	Princeton Larry Ellis Invitational	Apr 20, 2012
619	Patterson, Ashadaya	JR-3	1:04.68	Coach P Invitational	Apr 13, 2012
1231	Thomas, Beaira	FR-1	1:09.17	2012 TCNJ Lion's Invitational	Apr 27, 2012

4 x 100 Relay

RANK	TIME	MEET	MEET DATE
330	48.07	Swarthmore College Last Chance Meet	May 14, 2012

4 x 200 Relay

RANK	TIME	MEET	MEET DATE
131	1:44.31	Penn Relays	Apr 26, 2012

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
344	3:54.39	Swarthmore College Last Chance Meet	May 14, 2012
344	3:54.39	Swarthmore College Last Chance Meet	May 14, 2012

High Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1482	Gearity, Heather	SO-2	1.48m	4' 10.25"	NJAC Outdoor Championships	May 5, 2012

Long Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
532	Thomas, Beaira	FR-1	5.56m	18' 3"	NJAC Outdoor Championships	May 5, 2012
703	Kermah, Shannon	FR-1	5.45m	17' 10.75"	Swarthmore College Last Chance Meet	May 14, 2012
703	Kermah, Shannon	FR-1	5.45m	17' 10.75"	Swarthmore College Last Chance Meet	May 14, 2012
1691	Douma, Sara	JR-3	4.94m	16' 2.5"	Greyhound Invitational	Apr 20, 2012
2299	Altilio, Antonietta	SO-2	4.62m	15' 2"	NJAC Outdoor Championships	May 5, 2012

Triple Jump

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
637	Kermah, Shannon	FR-1	11.14m	36' 6.75"	2012 TCNJ Lion's Invitational	Apr 27, 2012
654	Douma, Sara	JR-3	11.12m	36' 5.75"	Coach P Invitational	Apr 13, 2012
1076	Altilio, Antonietta	SO-2	10.39m	34' 1.25"	NJAC Outdoor Championships	May 5, 2012

Shot Put

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1662	Jones, Tanaya	FR-1	10.30m	33' 9.5"	2012 TCNJ Lion's Invitational	Apr 27, 2012

Discus

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
756	Jones, Tanaya	FR-1	38.64m	126' 9"	Coach P Invitational	Apr 13, 2012

Hammer

RANK	ATHLETE	YEAR	MARK	CONV	MEET	MEET DATE
1428	Jones, Tanaya	FR-1	36.51m	119' 9"	Ramapo College Roadrunner Invitational	Apr 6, 2012

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